



# The Jamestown Monthly

January

18299 Fifth Ave. Jamestown, CA 95327  
Phone: 209.984.5217 Fax: 209.984.2069

## Upcoming Events

- 1/7-Site Council @ 4:30 PM
- 1/8-PTO Meeting @ 3:00 PM
- 1/8-Board Meeting @ 5:00 PM
- 1/11-Saturday School
- 1/13-Minimum Day (1:20 Release)
- 1/17- Family Movie Night
- 1/20- MLK Jr. Day (No School)
- 1/24-Talent Show @ 6:00 PM
- 1/17- CCSA Avalon Trip
- 1/21-1/24-Kindness Week
- 1/30-Citizenship Assembly (Gr. 1-5)
- 1/31- 100th Day of school!

## Be in the Know...

We hope you all had a restful break with some much needed family time! As we come back into our normal school schedule again we always keep you on our mind. Your child's safety and education are our top priority. As we enter into the Winter season and see inclement weather, we invite you to stay connected with us. Always check your messages and email for the latest alerts on delays or snow days. You can also tune into STAR 93.5 FM or KVML 92.7 FM for the latest updates on school delays or closures, or you can log onto [mymotherlode.com](http://mymotherlode.com) as well.

We also have Jamestown's Got Talent coming back this month! Last year we had some amazing and talented acts. Mrs. Turner has been accepting applications and will be holding auditions January 10th, this Friday after school. Forms are due before Friday. The Talent Show will be held on Friday 1/24 at 6pm in the Jamestown Cafeteria. We hope to see your act and as for the show, we hope to see you there! Please be on the look out for the most up to date information from the PTO flyers or you can stay connected on their Facebook page: <https://www.facebook.com/JESPanthersPTO>.



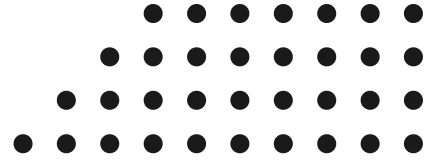
# JAMESTOWN SCHOOL DISTRICT



# Helpful Info!

# Continued....

## January



### Band Students

6th-8th Grade Band Elective students will be participating in the shared concert with Sonora High School in the Sonora High School Auditorium on February 5th at 7pm. Be on the lookout for permissions slips and info sent home this week regarding the concert.

### The Counselor's Corner

January's word of the month is **perseverance**-It's a skill that involves determination, resilience, and a willingness to keep trying and learning. **We can model perseverance-** by showing that we continue to try when things are hard or boring. We can focus on the effort, not just the results. We can use the power of "yet," as in "I can't do it yet," instead of "I can't do it." We can set small goals, encourage problem solving and make challenges part of our routines.

### PTO Announcements

Our annual 'Jamestown's Got Talent' Talent Show will be held on Friday, January 24th at 6 PM.  
On Friday, January 17th we will have a Family Movie Night in the JES Cafeteria. More info to come!

### Washington D.C Trip

Washington D.C. trip is available to 7th/8th grade students. There is still time to sign up. Travel dates are in June 2025.

Please contact Mrs. Miotti for more information.  
[mmiotti@jespanthers.org](mailto:mmiotti@jespanthers.org)

### Costa Rica Trip

Costa Rica 2026 registration is open to this year's 5th and 6th grade DI students.

[www.educationaltravel.com/williams-488](http://www.educationaltravel.com/williams-488)

### Chinese Champ

We are visiting Avalon on January 17th.

“Many of life’s failures are people who did not realize how close they were to success when they gave up.” – Thomas Edison

# What's Happening?

Continued...

January

## Character Trait of the Month: Perseverance

This month's focus is Perseverance. One way to think about Perseverance is "pushing yourself to work through challenges or obstacles." We all experience challenges in our lives. We all have moments when we feel like we can't do it or that we want to give up on a big task. It is important to develop tools that help us work through those challenges in order to grow in those moments instead of giving up. How might you practice Perseverance as a family this month?

## Jamestown Youth Center

The youth center will be closed on January 9th in observance of Jimmy Carter.

## Boy Basketball

Boys basketball has begun. Practice is 4:30-6 PM Monday-Thursday. . 7th & 8th Pre-season tournaments will begin Friday, 1/17/25 at Sonora El.



"Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill

# Healthy Happenings

at Jamestown School District



JANUARY 2025

Panthers and Dragons love quesadillas.



## LOADED QUESADILLAS!

Last month, students in the After School Program at JES learned to make quesadillas loaded with vegetables, salsa, and a sprinkling of cheese.

For quesadilla ideas and other healthy and delicious recipes, visit

[eatfresh.org](http://eatfresh.org) or [chopchopfamily.org](http://chopchopfamily.org)

### Blueberry Smoothie Recipe

1/2 cup Orange Juice 100%

1 Banana peeled, sliced

1 cup Blueberries, fresh or frozen

1 cup Vanilla Yogurt

5 Ice Cubes (omit if using frozen blueberries)

Blend first 4 ingredients, then add ice, if using. Blend until smooth.



Students received copies of Chop Chop magazine, courtesy of Tuolumne Blue Zones Project. [tuolumnecounty.bluezonesproject.com](http://tuolumnecounty.bluezonesproject.com)



Nom! Nom! Nom! These boys really enjoyed their quesadillas loaded with veggies.



2nd graders show off their blueberry smoothie mustaches and their spirit!



4th grade students make cheese and grape sculptures as they learn about eating healthy snacks.

[www.calfreshhealthyliving.org](http://www.calfreshhealthyliving.org)

CalFresh Healthy Living offers ongoing nutrition education, physical activity education and hands-on healthy cooking and gardening experiences for students and families of Jamestown Elementary School District. For recipes, health tips and to apply for CalFresh Food benefits, please visit our website.

For more information about CalFresh Healthy Living programs and services, call 209-533-6818.

CalFresh Healthy Living programs are funded by USDA SNAP, an equal opportunity provider.

# January 2025

## JAMESTOWN SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

OUT

1

ON

2

BREAK

3

### BREAKFAST

MONDAY/CEREAL  
TUESDAY/HOT MEAL  
WEDNESDAY/HOT MEAL  
THURSDAY/HOT MEAL  
FRIDAY/BAGEL, PASTRY,  
OR MUFFIN

MILK IS SERVED WITH ALL  
BREAKFASTS & LUNCHES

6  
CORNDOG  
CARROTS  
FRUIT  
POTATO WEDGES

6

7  
TACO  
CORN  
SALAD  
FRUIT

7

8  
SHEPHERDS PIE  
SALAD  
FRUIT  
ROLLS

8

9  
PIZZA  
SALAD  
FRUIT  
DESSERT

9

10  
SLOPPY JOES  
OVEN FRIES  
SALAD  
FRUIT

10

13  
TOASTED CHEESE  
CARROTS  
FRUIT  
SUN CHIPS

13

14  
CHILI W/BEEF  
CORNBREAD  
SALAD  
FRUIT

14

15  
CHICKEN  
NOODLES  
BROCCOLI  
FRUIT  
DESSERT

15

16  
SPAGHETTI  
GREEN BEANS  
FRUIT  
BREADSTICKS

16

17  
BBQ CHICKEN  
SANDWICH  
POTATO WEDGES  
SALAD  
FRUIT

17

20  
MARTIN LUTHER  
KING DAY

20

21  
CRUNCHY TACO  
CORN  
SALAD FIXINGS  
FRUIT

21

22  
SCALLOPED  
POTATOES  
W/HAM  
CAPRI VEGGIES  
FRUIT  
ROLLS

22

23  
CHICKEN POT PIE  
SALAD  
FRUIT  
DESSERT

23

24  
HAMBURGER  
OVEN FRIES  
SALAD FIXINGS  
FRUIT

24

27  
CHICKEN WRAP  
CARROTS  
FRUIT  
SUN CHIPS

27

28  
TAMALE PIE  
CHUCKWAGON  
VEGGIES  
FRUIT

28

29  
BEEF STEW  
SALAD  
FRUIT  
ROLL

29

30  
PIZZA  
SALAD  
FRUIT  
DESSERT

30

31  
BREADED CHICKEN  
SANDWICH  
POTATO WEDGES  
SALAD  
FRUIT

31

### School Info

ALL BREAKFASTS AND  
LUNCHES ARE FREE TO  
ALL STUDENTS

THIS IS AN EQUAL  
OPPORTUNITY  
PROVIDER

MENU SUBJECT TO  
CHANGE WITHOUT  
NOTICE

# Jamestown Youth Center

## JANUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>All activities are first come, first serve and are subject to change. TCARD is not responsible for lost, damaged or stolen items.</i></p>						
5 Closed	6 Closed	7 Vision Boards	8 Fluffy Snowman Craft	9 Air Hockey	10 Mario Kart	11 Free play in school yard
12 Closed	13 Closed	14 Uno Attack	15 Crystal Creations	16 Foosball	17 Garden	18 Basketball
		FNL 3:15	Board Games	Good Eats!	Movie Night	Hot Cocoa
19 Closed	20 Closed	21 Garden	22 Snowflake suncatchers	23 Ping-pong	24 Air Hockey	25 Free play in school yard
	Martin Luther King Jr. Day	FNL 3:15	Billiards	Good Eats!	Movie Night	Hot Cocoa
26 Closed	27 Closed	28 Spoons	29 Chinese New Year	30 Wii Sports	31 Garden	
		FNL 3:15	Dragon Puppets	Good Eats!	Movie Night	

[www.tcrecreation.com](http://www.tcrecreation.com)

*Creating community by offering programs that promote opportunities for growth through fun, inclusive and educational experiences.*

Youth Center Coordinator  
**Monica Hirschfeld**

10540 7th St. Jamestown  
Phone # (209) 984-4188  
[MHirschfeld@co.tuolumne.ca.us](mailto:MHirschfeld@co.tuolumne.ca.us)

School Year Hours:

Sunday/Monday: Closed  
Tuesday-Friday: 1pm-7pm  
Saturdays: 9:30am-5pm

Winter Break Hours: 1/2-1/4

Thursday/ Friday: 10am-5pm  
Saturday: 9:30am-5pm

*Happy  
New Year!*