

#### **Upcoming Events**

12/6-Tri 1 Honor/Merit Roll (Flag Fri) 12/6-Rocca Park Tree Lighting 12/6-Dinner with a Scientist (5th/8th) 12/6-Winter Dance 12/4-12/8-Hour of Code 12/3 @ 4:30 PM-Site Council in JES Library 12/64@ 3:00-PTO Meeting in JES Library 12/16- Board Meeting @ 4 PM 12/13-DI Caroling @ JFS 12/14-Saturday School 12/23-1/3-Winter

**Break** 

### Be in the Know.

Happy Holidays from our JES & CCSA family! This month may be short but is filled with jolly, joy, and holiday spirit! If you are looking for some family fun, please join some of our students at Rocca Park at 5:00 on Friday, December 6th, for our community Christmas tree lighting. Students will be singing, playing instruments and you can enjoy some refreshments as well as get a picture with Jolly Ol' St. Nick himself! Hot cocoa and cookies will be available for those that attend. We hope to see you there!

We are excited to announce that our Winter concerts are back in action lead by our talented music teacher, Mrs. Turner. TK-4th grade will performing Thursday, December 18th at 6:00 PM to 6:30 PM with 5th-8th grade to follow the night after on December 19th from 6:00 PM to 6:30 PM. We ask that your child may be there by 5:45 PM, so our concerts may start on time. Students may wear any kinds of school appropriate winter and holiday attire. When you look your best, you feel your best, you perform your best! Mrs. Turner is happy to answer any questions you may have. You can reach her at 209-984-4058 x3108. What a fun way to get into the holiday spirit!



## JAMESTOWN SCHOOL DISTRICT



## Helpful Info!

#### December

#### Jamestown Family Resource Center

The Jamestown Family Resource is now open Monday through Friday 8-12 noon. Please feel free to call to set up an appointment at (209) 984-4704. Happy Holidays to all!

JFRC has a variety of warm clothes and childrens' jackets available along with a fully stocked food pantry that families can come take a peek in the mornings after drop off or call us to set an appointment?

(209) 984-4704



#### **Dual Immersion**

Want to skip out on cooking one night this month? Our Tamales Fundraiser deadline to order is Wednesday, Dec. 6th. Please submit your order to any DI teacher, the school office or via Venmo. View the flyers posted below for more details!

DI Christmas Caroling is on Friday, Dec. 13th from 9:45 to 10:10 a.m. The DI classes will sing Spanish carols to K-4th and 5th-8th.

#### Music

Mark your calendars

December 6th- Annual Rocca Park Tree Lighting

December 13th- Annie Jr. Dinner and a show night 6-8pm

December 16th- Tk/K Winter Showcase

December 18th 1st-4th grade winter concert

December 19th- 5th-8th grade winter concert

#### Mindfulness

The character trait for December is empathy. Empathy is the ability to sense and share the feelings of another person, to have concern for their welfare and trying to understand their perspective. We can imagine ourselves in the other person's place or "in their shoes" and look for commonalities rather than differences to develop empathy.

#### Fifth Grade Fun!

Dinner with a Scientist
By invitation only: Monday,
December 6th
5:00-7:30
Columbia College

#### Chinese Champ

12/11 Coast field trip

12/17 CCSA evening family holiday

12/20 Caroling TCSOS and Avalon

"You can only understand people if you feel them in yourself."
- John Steinbeck



What's Happening?

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December

#### Character Trait of the Month: Empathy

This month's focus is Empathy. One way to think about Empathy is "understanding and connecting with other people's feelings." Empathy is a practice that can help us grow strong relationships. Empathy is 1 of the traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.



#### Walking Wednesdays

Join Mrs. Nicholson and Blue Zones for Walking Wednesday.

Meet on the track December 18th at 7:45.

### Want to Join the HS Staff family?

If you are a parent or community member who would like to work for Jamestown School District, please contact the principal or district office to learn about openings.

#### Job Opportunities

- After School Program Assistant 3.95 hrs/day x2
- After School Program Assistant 4.05 hrs/day
- After School Program Assistant 2.5 hrs/day

"I think we all have empathy. We may not have the courage to display it." - Maya Angelou

### JAMESTOWN CHRISTMAS LIGHTING

GREETINGS JAMESTOWN!

THE PROMOTION CLUB AND THE JAMESTOWN COMMUNITY IS PLEASED TO INVITE YOU TO JOIN US FOR THE CHRISTMAS TREE LIGHTING AT ROCCA PARK!

GET A CHANCE TO MEET SANTA!

STNG CHRISTMAS CAROLS WITH

JAMESTOWN'S SCHOOL

JOTN US FOR HOT CHOCOLATE AND COOKIES!

LOCATION:
ROCCA PARK ON MAIN STREET
JAMESTOWN, CA 95327
DATE:
DECEMBER 6, 2024
TIME:

5:00 PM













Janelle Williams

@Janelle-Williams-7



venmo



**JES Student Store** 



\$35.00 / DOZEN

CHEESE & JALAPEÑO
CHICKEN & GREEN SAUCE
PORK & RED SAUCE



ORDERS DUE: DEC. 6TH
ORDERS DELIVERED: DEC. 18TH



## Santa's WORKSHOP

6th-8th Grade Winter Dance

DECEMBER —

**FRIAY** 

6 FROM 6-8 PM

Tickets: \$5

VIP: \$10

TICKETS FOR SALE 12/2-12/6 AT LUNCH IN RM 4



## The Cook Center for

and enhance human connections provide mental health support,

## **Human Connection Mission:**

and products to prevent suicide the best organizations, programs

Our mission is to bring together essential for people to thrive



HUMAN CONNECTION COOK CENTER FOR

www.cookcenter.org | contact@cookcenter.org



## Parent Guidance.org

We help educators help parents help their children



the Cook Center for Human Connection.

School Website:

At no-cost your parents access courses taught by

licensed therapists

You signal to your families that you are committed to

their mental well-being

You give parents of your students the tools to have

meaningful conversations at home with their families

By Adding the Medallion to Your

district through a generous on-going grant from ParentGuidance.org is made available to your Scan Here to Add a Medallion to

**Your School Website** 



# Mental Health Resources for Parents

health. ParentGuidance.org is a mental health resource giving parents the tools to have important conversations at home. Too often, parents can't find accurate information for the specific questions they have about parenting and mental



on-going grant from the Cook Center for Human Connection. Parents receive at no-cost; ParentGuidance.org is made available to your district through a generous

- On-demand video courses taught by licensed therapists
- Ask a Therapist answers from trained professionals to parent-submitted questions
- Additional mental health content across a wide range of topics



struggling but don't that their child is know what to do of parents worry



access mental health services through more likely to their school

80%

of families rely on children's mental schools for their health support

experience mental health disorders

US kids and teens 1 in

20%



- coaching sessions with a Private, one-on-one trained professional
- specific challenges their child Weekly, 30-minute calls to help parents address the is facing
- 24/7 access via in-app messaging



- for families offered numerous developed content facilitated times throughout the month Variety of professionally-
- access to on-demand guided facilitated sessions and 24/7 Unlimited attendance to materials
- Access for families how, when, and where they want with the information they need



- Focus on the mental wellness of students and staff
- Full-day onsite interactive workshops focusing on mental health
- QPR training, and certification for suicide prevention Virtual workshops,